

New York Heart Association 9th Edition (Cardiac Patients)

	Functional Capacity by Class	Objective Assmt*
I	No limitation in physical activity. Ordinary physical activity does not cause undue fatigue, palpitation, dyspnea, or anginal pain.	No evidence of cardiovascular disease
II	Slight limitation of physical activity. They are comfortable at rest. Ordinary physical activity results in fatigue, palpitation, dyspnea, or anginal pain.	Objective evidence of <i>minimal</i> cardiovascular disease
III	Comfortable at rest. Less than ordinary physical activity results in fatigue, palpitation, dyspnea or anginal pain.	Objective evidence of <i>moderately severe</i> cardiovascular disease
IV	Unable to carry on physical activity without discomfort. S/S of heart failure or anginal syndrome may be present <i>even at rest</i> . If any physical activity is undertaken, discomfort is increased.	Objective evidence of <i>severe</i> cardiovascular disease

*Measures such as EKG, stress test, x-ray, echocardiogram and/or radiologic images.